

BENJAMIN'S

Lunch Menu

Starters:

Roasted Red Pepper Tomato Bisque

Cup | 5 Bowl | 6

Asiago Banana Peppers | 11

Yarnicks peppers sauteed in garlic and olive oil topped with asiago cheese and baked

Truffle Fries | 10

shoestring fries topped with romano cheese and truffle oil

Pierogies | 10

onions, bacon, sour cream, and scallions over six, three cheese pierogies

Ben's Bangin Shrimp | 12

tempura fried shrimp with a Thai chili glaze over Asian slaw

Caprese | 10

fresh mozzarella layered with Yarnicks tomatoes topped with basil, olive oil, and a balsamic glaze

Burgers:

6 Oz. beef on a kaiser roll with lettuce, tomato, and pickle on the side, served with shoestring or beer battered fries (gf upon request)

Classic | 10

Bacon Cheddar | 12

Mushroom Swiss | 12

Black & Bleu | 12

Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

Add shoestring or beer battered fries to any dish for a \$3.00 up-charge.

Please do your best to keep bills to one per table for sanitary reasons. Thank you.

Gluten Friendly options: While we make every effort to make sure our gluten friendly items do not come into contact with other ingredients we cannot guarantee cross-contamination of gluten does not occur. Please let us know of any allergies BEFORE ordering.

We are not responsible for well done items. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, epically if you have certain medical conditions.

Salads:

gluten free upon request

Ben's Classic | 9

cucumbers, tomato, carrots, red onion
add chicken or blackened chicken | 4
add shrimp | 6
add blackened tilapia | 6
add flat iron steak | 8
add 8oz grilled salmon | 10

Power Protein | 21

8oz grilled salmon, farro grains, pickled onions,
lemon aioli, sweet potato, tomatoes, and a
citrus vinaigrette
no salmon | 11

Greek | 13

olives, feta, tomato, cucumbers, red onion,
grilled tarragon chicken, with a feta vinaigrette

Pizza's and Flatbreads:

make it a 12" pizza for \$2.00 more

make it a 10" gluten free seasoned
califlower crust pizza for \$2.00 more

Portabella | 13

portabella, spinach, tomato, feta, onion,
green peppers, mozzarella

Traditional | 12

traditional pizza sauce, mozzarella

BBQ Chicken | 13

grilled chicken, BBQ sauce, red onion,
gouda, with mozzarella cheese

Buffalo Chicken | 13

grilled chicken, buffalo sauce, red onion
with mozzarella and cheddar jack cheese
served with ranch

Additional Toppings \$2 each

pepperoni, mushrooms, hot peppers,
onions, roasted red peppers, bacon

Hand Helds:

served with chips or coleslaw

Rachel | 11

turkey, swiss, coleslaw, and 1000 island
on a toasted rye

Chicken Salad Crossiant | 10

with grapes and havarti cheese (nut free)

Chicken Parmesan | 11

breaded chicken, mozzarella, marinara
on a toasted Kaiser roll

Three Grilled Cheese & Tomato Soup | 11

American, swiss, and provolone, Italian bread
with a cup of our tomato bisque

Chicken Quesadilla | 11

grilled chicken, black beans, tomato,
scallions, and cheddar cheese

Fish Tacos | 11

cilantro lime slaw, blackened or
beer battered tilapia, and chipotle
ranch in flour tortillas (gf upon request)

Pulled Pork Tacos | 11

corn, black beans, with roasted red peper
salsa in flour tortillas (gf upon request)

Whale of a Fish Sandwich | 12

oversized fried piece of cod on a Kaiser with
coleslaw and shoe string fries

Blackened Chicken Wrap | 10

blackened grilled chicken, lettuce, tomato,
chipolte ranch, and mozzarella*

Blackened Fish Wrap | 11

blackened grilled tilapia, lettuce, tomato,
chipolte ranch, and mozzarella*

Turkey Bacon Wrap | 10

turkey, bacon, lettuce, tomato, garlic aioli,
and provolone*

*wrap choices: wheat, garlic
and herb, jalapeno cheddar

BENJAMIN'S

Dinner Menu

Starters:

Roasted Red Pepper Tomato Bisque

Cup | 5 Bowl | 6

Asiago Banana Peppers | 11

Yarnicks peppers sauteed in garlic and olive oil topped with asiago cheese and baked

Truffle Fries | 10

shoestring fries topped with romano cheese and truffle oil

Pierogies | 10

onions, bacon, sour cream, and scallions over six, three cheese pierogies

Ben's Bangin Shrimp | 12

tempura fried shrimp with a Thai chili glaze over Asian slaw

Caprese | 10

fresh mozzarella layered with Yarnicks tomatoes topped with basil, olive oil, and a balsamic glaze

Mac N' Cheese:

penne pasta in our creamy three cheese sauce

Buffalo Chicken | 11

Chicken Gouda Broccoli | 11

Pulled Pork & Gouda | 11

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Pastas:

add a house salad for \$3.00

Maryland Crab Ravioli | 22

sweet onion cream sauce and balsamic glaze over asparagus and crab

Cheese Tortellini | 17

mushrooms, red peppers, garlic, and basil in red pepper tomato alfredo sauce

Bangin' Shrimp Pasta | 19

sautéed shrimp and red peppers over linguine in a creamy bangin alfredo sauce

Build Your Own | 14

Pasta:

Penne, Linguine | 0
Cheese Tortellini | 3

Protein:

Chicken | 4
Shrimp | 6
Crab | 8

Sauce:

Marinara, Alfredo,
Amelia, Arrabiata | 0
Spicy Alfredo | 2

Burgers:

6 Oz. beef on a kaiser roll with lettuce, tomato, and pickle on the side, served with shoestring or beer battered fries (gf upon request)

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Black & Bleu | 12

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Seafood:

served with house salad as well as daily pasta or potato & vegetable

Cedar Plank Salmon | 24

sweet and spicy cajun rub, tomato plum salsa, topped with lemon pesto (gf upon request)

Maple Whiskey Salmon | 26

in a sweet and spicy rub, served with pecans and asparagus drizzled in a whiskey maple glaze (gf upon request)

Herb Crusted Cod | 22

a seasoned breadcrumb rub topped with a light white wine cream sauce

Blackened Mahi | 23

pan Asian sauce over a blackening seasoning mahi

Fish Platter | 14

whale of cod served with fries or potato & vegetable

Chicken and Beef:

served with house salad as well as daily pasta or potato & vegetable

Josh's Spicy | 20 | 23

chicken, crab, red peppers, over penne in a spicy alfredo sauce (gf upon request)

Chicken Parmesan | 18 | 21

chicken seasoned in bread crumbs, marinara, and mozzarella

Chicken Marsala | 18 | 21

chicken with mushrooms, shallots, and basil with Marsala demi-glaze

Chicken Romano | 18 | 21

chicken with seasoned bread crumbs in a romano cream sauce

8 oz. Flat Iron | 25

add mushrooms and onions \$2 (gf upon request)

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portabella, spinach, tomato, feta, onion, green peppers, mozzarella

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Additional Toppings \$2 each

pepperoni, mushrooms, hot peppers, onions, roasted red peppers, bacon

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gluten free upon request

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Power Protein | 21

8oz grilled salmon, farro grains, pickled onions, lemon aioli, sweet potato, tomatoes, and a citrus vinaigrette

no salmon | 11

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olives, feta, tomato, cucumbers, red onion, grilled tarragon chicken, with a feta vinaigrette