

Benjamin's



Gluten Friendly options. While we make every effort to ensure our gluten friendly items do not come into contact with other ingredients, we cannot guarantee cross-contamination of gluten does not occur. Please let your server know of any allergies

Starters

- Roasted Red Pepper Tomato Bisque**
Cup **4** Bowl **5**
- Lynn's Bruschetta**.....**9**
Tomatoes, Olives, Feta, Basil, Garlic, Toasted Baguette
- Fried Brie**.....**8**
Tempura Battered Brie, Raspberry Melba
- Ben's Bangin' Shrimp**.....**10**
Tempura Fried Shrimp, Thai Chili Glaze, Asian Slaw
- Hot Crab and Artichoke Dip**.....**11**
Crab, Artichokes, Spicy cream, Tortilla Chips
- Truffle Fries**.....**8**
Shoestring Fries, Truffle Oil, Romano
- Hot Spinach Artichoke Dip**.....**9**
Spinach, Artichokes, Romano Cream, Toasted Pita
 Substitute Tortilla chips

Philadelphia Street Mexicano

- Peg's Quesadilla**.....**9**
Mushrooms, Scallions, Red peppers, Artichokes, Tomato, Cheddar Cheese, Wheat wrap
- "Our Famous Fish Tacos"**.....**9**
Cilantro Lime Slaw, Flour Tortillas, Blackened or Beer Battered Tilapia, Chipotle Ranch
 Gluten Free corn tortilla upon request
- Blackened Shrimp Tacos**.....**11**
Blackened Shrimp, Lettuce, Tomato, Cheddar, Chipotle Ranch, Guacamole, Flour Tortilla
 Gluten Free corn tortilla upon request
- Chicken Quesadilla**.....**9**
Grilled Chicken, Black Beans, Tomato, Scallions, Cheddar Cheese, Jalapeno Cheddar Wrap



Salads

- Ben's Classic**.....**7**
Cucumbers, Tomato, Carrots, Red Onion
Add Chicken or Blackened Chicken.....3
Add Shrimp.....5
Add Blackened Tilapia.....5
- Power Protein Salmon Salad**.....**16**
Grilled Salmon, Farro Grains, Pickled Onions, Lemon Aioli, Sweet Potato, Tomatoes, Citrus Vinaigrette
Without Salmon10
- Greek**.....**11**
Olives, Feta, Tomato, Cucumbers, Red Onion, Tarragon Chicken
- Santa Fe'****11**
Tomato, Cucumber, Black Beans, Tortilla Chips, Cheddar, Grilled Chicken
- Pittsburgh:**
- Blackened Chicken**.....**12**
- Marinated Steak**.....**14**
Tortilla Bowl, Cucumber, Tomato, Red Onion, Fries, Mozzarella
 Served WITHOUT Tortilla Bowl and Fries
- BBQ**.....**11**
Gouda, Black Beans, Tomato, Red Onion, Grilled BBQ Chicken
- DRESSING SELECTIONS:**
Creamy Italian, Citrus Vinaigrette, Bleu Cheese, Ranch, Balsamic Vinaigrette, Olive oil and Balsamic vinegar, French. Feta Vinaigrette
- Crumbled Danish Bleu Cheese2
Feta Cheese.....2Extra
Dressing..... .75 ea.

Mac N' Cheese

- Penne pasta in our creamy 3 cheese mac n' cheese sauce*
- Buffalo Chicken**.....**9**
- Chicken Gouda Broccoli**.....**9**
- BBQ Pulled Pork**.....**9**

Benjamin's



Gluten Friendly options. While we make every effort to ensure our gluten friendly items do not come into contact with other ingredients, we cannot guarantee cross-contamination of gluten does not occur. Please let your server know of any allergies

Hand Helds

Served with our daily sides, Chips, or coleslaw

Substitute soup3

Add Shoestring Fries 2.50

Add Beer Battered Fries 2.50

Albacore Tuna Salad Melt8

Albacore Tuna Salad, Provolone, Pepper Rings, Honey Mustard, Tomato, Toasted Italian or Rye

Fall Chicken Salad Croissant8

Chicken Salad, Apples, Dried Cranberries, Pecans, Toasted Croissant

Rueben9

Corned Beef, Swiss, Sauerkraut, Toasted Rye, 1000 Island

Corned Beef and Swiss9

Corned Beef, Swiss, Whole Grain Mustard, Toasted Rye

Rachel9

Turkey, Swiss, Cole Slaw, Toasted Rye, 1000 Island

1/2 Sandwich and soup8

Toasted Italian or Rye

Turkey - Turkey, Provolone, Lettuce, Tomato, Garlic Aioli

Ham - Ham, Swiss, Lettuce, Tomato, Garlic Aioli

Tuna - Tuna Salad, Lettuce, Tomato, Honey Mustard

Wraps

Wheat, Jalapeno Cheddar, Seasonal wrap.

Served with our daily sides, Chips, or coleslaw

Substitute Soup3

Add Shoestring Fries 2.50

Add Beer Battered Fries 2.50

Turkey Bacon8

Turkey, Bacon, Lettuce, Tomato, Garlic Aioli, Provolone

Chicken Feta Wrap8

Grilled Chicken, Lettuce, Tomato, Red peppers, Feta, Feta Vinaigrette

Blackened Chicken8

Blackened Grilled Chicken, Lettuce, Tomato, Chipotle Ranch, Mozzarella

Fiesta Chicken10

Grilled Blackened Chicken, Lettuce, Tomato, Chipotle Ranch, Cheddar Cheese, Guacamole



All wraps can be made Gluten-Friendly!
served over a bed of Lettuce



Burgers

6 oz. beef, Kaiser roll, served with Shoe String French Fries.
(all burgers served with lettuce, tomato and pickle on the side.)

***Portobella Swiss Burger**10

***Classic**8

Add American, Swiss, Cheddar, or Provolone for .75

***Bacon Cheddar**10

***Smokey BBQ Burger**11

Whiskey BBQ, Bacon, Cheddar Jack, Haystack Onions



Served without bun with coleslaw

We are not responsible for well done items

*"Consuming raw or undercooked meats, poultry, seafood, Shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions."

Grilled Flatbreads

Margarita9

Garlic, Basil, Tomato, Mozzarella, Balsamic Glaze

Portobella10

Portobella, Spinach, Tomato, Feta, Onion, Green Peppers, Mozzarella

BBQ Chicken10

Grilled Chicken, BBQ Sauce, Red Onion, Gouda, Mozzarella

Tre Carne12

Grilled Chicken, Italian Sausage, Ham, Mozzarella, Marinara

Make your Flatbread a 12" pizzas for \$1.00 more

Grilled Cheese Paninis

Fresh made grilled cheese on toasted Garlic Italian Bread, Served with our daily sides, chips, or coleslaw.

Substitute Soup3

Add Shoestring Fries 2.50

Add Beer Battered Fries 2.50

Plain Jane Traditional 3 Cheese7

Swiss, Provolone, American

Chicken Caesar9

Grilled Chicken, Mozzarella, Caesar, Lettuce, Tomato

Cubano8

Ham, Pulled Pork, Swiss, Whole Grain Mustard, Pickles

Monte Cristo8

Ham, Turkey, Swiss